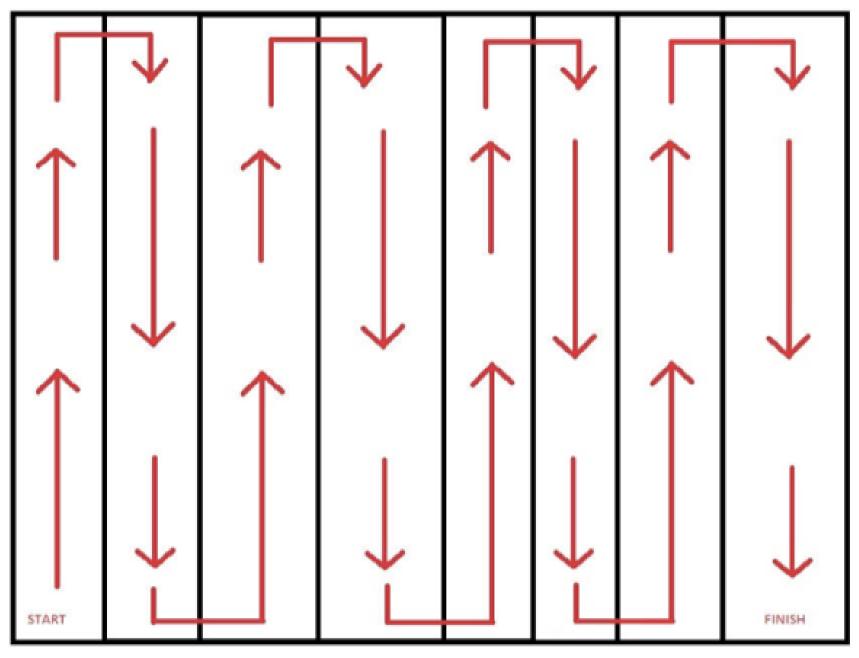


## I'ON SHE TRIS TRANSITION MAP



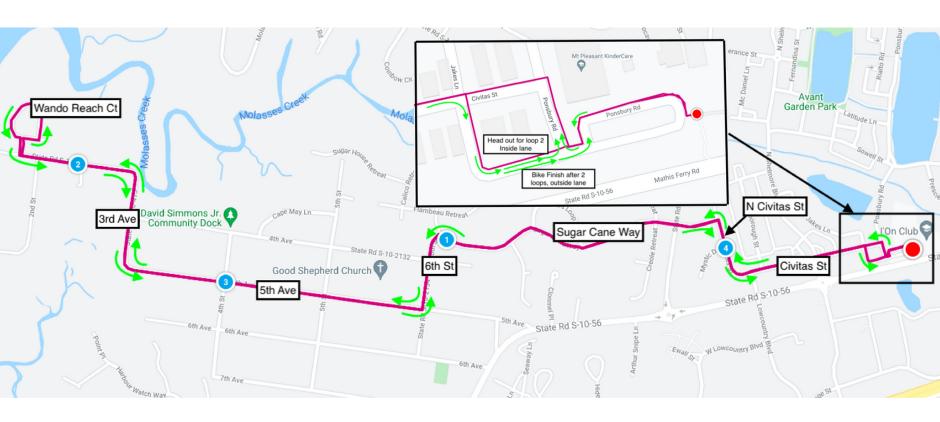


I'ON SHE TRIS SWIM MAP 200 YARD SWIM





## I'ON SHE TRIS BIKE MAP 9 MILE BIKE





## I'ON SHE TRIS RUN MAP 2 MILE RUN

